

**SELF POSSESSION OF INHALER/EPI-PEN BY A STUDENT**

Student's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_ Teacher \_\_\_\_\_

Authorization to self-possess medication is required from a health care provider. The student's parent/guardian must provide the school with completed physician orders:

- **Permission For Medication** (For possession of an inhaler)
- **Health Care Provider: Emergency Administration of Epinephrine** (For possession of an Epi-pen).

Medication \_\_\_\_\_

The medication will be located:

Student's locker \_\_\_\_\_ Student's backpack/purse \_\_\_\_\_ Other \_\_\_\_\_

I understand that the Hawkins County School System shall not be held responsible or liable for the administration of the above listed medication. The parent/guardian releases the school district and its employees and agents from liability for any injury that may result from the student's self possession and self-administration of medication. It is the responsibility of the parent/guardian to make sure the child carries the medication on a daily basis as well as on field trips and other off campus activities. It is further understood that my child has received the appropriate training and agrees to follow the guidelines for administration and carrying on person the medication. The school may suspend or revoke the student's possession and self-administration privileges if the student misuses or makes the medication available for usage by another person. If a student uses the medication in a manner other than prescribed, the student may be subject to disciplinary action per board policy.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Provider to complete

### Allergy Action Plan

Student's Name \_\_\_\_\_ D.O.B. \_\_\_\_\_ Teacher: \_\_\_\_\_

Place  
Child's  
Picture  
Here

ALLERGY TO: \_\_\_\_\_

Asthmatic Yes\*  No  \*Higher risk for severe reaction

#### ◆ STEP 1: TREATMENT ◆

##### Symptoms:

##### Give Checked Medication \*\*: (To be determined by physician authorizing treatment)

- If exposed to an allergen, but no symptoms:
- Mouth Itching, tingling or swelling of lips, tongue, mouth
- Skin Hives, itchy rash, swelling or face or extremities
- Gut Nausea, abdominal cramps, vomiting, diarrhea
- Throat<sup>†</sup> Tightening of throat, hoarseness, hacking cough
- Lung<sup>†</sup> Shortness of breath, repetitive coughing, wheezing
- Heart<sup>†</sup> Thready pulse, low blood pressure, fainting, pale, blueness
- Other<sup>†</sup> \_\_\_\_\_
- If reaction is progressing (several of the above areas affected), give

- |                                      |  |
|--------------------------------------|--|
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
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| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |

The severity of symptoms can quickly change. <sup>†</sup> Potentially life-threatening

##### DOSAGE:

Epinephrine: inject intramuscularly (circle one) EpiPen® EpiPen® Jr. Twinject™ 0.3 mg Twinject™ 0.15 mg (see reverse side for instructions)

Antihistamine: give \_\_\_\_\_ medication/dose/route

Other: give \_\_\_\_\_ medication/dose/route

#### ◆ STEP 2: EMERGENCY CALLS ◆

1. Call 911 (or Rescue Squad: \_\_\_\_\_) State that an allergic reaction has been treated, and additional epinephrine may be needed.

2. Dr. \_\_\_\_\_ at \_\_\_\_\_

3. Emergency contacts

Name/Relationship	Phone Number(s)
a. _____	1.) _____ 2.) _____
b. _____	1.) _____ 2.) _____
c. _____	1.) _____ 2.) _____

EVEN IF PARENT/GUARDIAN CANNOT BE REACHED, DO NOT HESITATE TO MEDICATE OR TAKE CHILD TO MEDICAL FACILITY

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Doctor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Required)

REQUEST FOR EMERGENCY ADMINISTRATION OF EPINEPHRINE  
Health Care Provider

Student Name _____	Date of Birth _____
School _____	Teacher _____
	Grade _____

Diagnosis: \_\_\_\_\_

Food or other substance to which the student is allergic: \_\_\_\_\_

History of allergies and anaphylactic reaction: \_\_\_\_\_

Name of medication: \_\_\_\_\_

Dosage and frequency of medication: \_\_\_\_\_

Length of time medication is required: Entire School Year \_\_\_\_\_ Specified Time \_\_\_\_\_

Signs and symptoms of a reaction: \_\_\_\_\_

Emergency treatment procedures in the event of a reaction: **Please complete Allergy Action Plan (AAP).**

Additional comments: \_\_\_\_\_

Assessment of student's competency for Self-Possession and Self-Administration of prescription medication: \_\_\_\_\_

Please provide a list of substitute meals that may be offered by school food service personnel: \_\_\_\_\_

**Health Care Provider Information:**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Fax \_\_\_\_\_

Health Care Provider Signature \_\_\_\_\_ Date \_\_\_\_\_

Pursuant to HIPAA regulations, 45 C.F.R. §164.506, I may disclose protected health information regarding this student's treatment activities to be implemented by the school nurse program.